Answer to the Letter to Editor

Answer to the Letter to the Editor: Severity of obstructive sleep apnea and its impact on coronary artery disease outcomes: A cross-sectional study in Egypt

Dear Editor,

We thank the correspondent (1) for the kind words and thoughtful comments on our work. We agree that obstructive sleep apnea is common in coronary artery disease and contributes to worse outcomes through its impact on atherosclerosis and cardiac function.

We share the view that STOP-BANG is a practical screening tool, especially in resource-limited settings, but it cannot replace polysomnography as the gold standard. Our study aimed to highlight this gap and encourage early identification of high-risk patients (2). We acknowledge the important questions rose regarding subgroup analysis and the integration of screening into routine practice. These were beyond the scope of our cross-sectional design but represent important directions for future research.

We appreciate the interest in our study and the opportunity to contribute to ongoing discussion in this field.

Sincerely, Ahmed G. Bakry, Hossam Eldin M. Mahmoud, and colleagues Cardiology Division, Department of Internal Medicine, Qena Faculty of Medicine, South Valley University, Qena, Egypt

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Petroglyph of arkar (kulja), dated 2000 years B.C. to 8th century of our era. Cholpon-Ata Open Air Museum – Stone Garden, Cholpon-Ata, Kyrgyzstan. By Gulmira Kudaiberdieva, 2018.

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