

# ANSWER TO QUIZ ELECTROCARDIOGRAM ON PAGE 65 AND CASE DISCUSSION

## Electrocardiogram

Correct answer is B:

B) Sinus rhythm with first-degree AV block (Fig. 2)

On last two complexes PQRST heart rate slows down and P wave become visible. It appears from the T wave "shadow" and PQ interval can be measured. It equals 360 milliseconds. Measurement is performed in last PQRST complex in lead II.

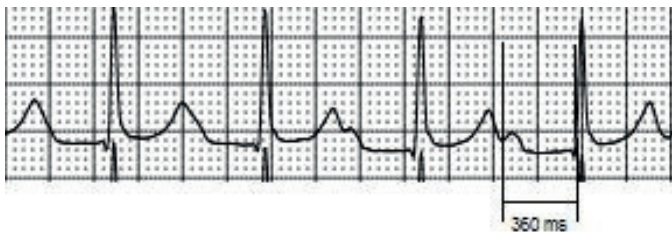


Figure 2. Electrocardiogram lead II fragment

### Discussion

AV conduction disturbances are common complication of myocarditis that can occur up to 33% of cases. Higher-degree AV block is correlated with greater myocardial injury and reversibility of ECG changes reflect the severity of pathological changes. In most cases of myocarditis complicated by AV block there is no need of permanent pacemaker placement. However, low-degree AV block can sustain after acute stage of myocarditis for a long time (1, 2).

When differentiating between atrial flutter with 2:1 conduction, sinus tachycardia and supraventricular tachycardia, vagal

maneuvers can be performed. Carotid sinus massage usually decreases AV conduction to 3:1 or more and the atrial activity can become visible on 12-lead ECG. In case of the paroxysm of supraventricular tachycardia, vagal maneuvers can be effective for the cessation of this arrhythmia. Carotid sinus massage combined with Valsalva maneuver are reported to be effective for sinus rhythm conversion in 27.7% patients with supraventricular tachycardias (3). Sinus tachycardia also can be slowed by vagal maneuvers. In most cases, this decrease in heart rate will be sufficient for better P-wave visualization.

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### References

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